

Walking Program

Rockville Campus

**Open to Faculty, Staff
and Students.**

**Meet at the Rockville
Campus track.
Tuesday and Thursday
12:30-1:00pm
4/2/19 through 5/7/19**



**Exe*R*cise
is Medicine[®]
On Campus**

Montgomery College

Sign up by emailing

christine.harrison@montgomerycollege.edu

Follow us on Facebook/Instagram/Snapchat/Twitter: @MCEIMOC

For more information or disability support, contact Chris Harrison

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